Thank you for supporting the race. Here are some brief points that will enable you to enjoy the event. Due to the rural nature of the race we advise using <a href="https://www.what3words.com">www.what3words.com</a> for directions. Please plan now rather than stressing on the morning of the race.

1. Parking: There are two routes into the parking and Race HQ area. If you are coming from Chelford, Ollerton or Knutsford we recommend using the what3words ///moisture.thighs.bagpipes and you will be then signposted and directed.

For all other routes please use the what3words ///reds.cackling.itself and you will again be signposted. There will be plenty of signs and marshalls.

- 2. Race numbers: You need to collect your number on the morning of the race. Registration will be open from 7:30am and will be clearly marked as you arrive; there will be plenty of marshals on hand. You can leave baggage at registration although we recommend not to leave any valuables there.
- 3. Race: The race will start on time at 9:30am. We have a new course this year which will be extremely quick. We have removed the hills and we no longer go near the entrance to Jodrell Bank (see attached map). There will be plenty of signs, marshals and announcements directing you to the start. The start/finish is right next to the parking area and registration area. The course has been officially measured and accredited. There will be a drink station at the 5k point.

The race joins Stocks Lane from the registration area, you will run through the village of Over Peover before turning right at the crossroads (along Clay Lane) before continuing on a long loop before returning to the crossroads in the village and heading back to the start area.



The kids race will start almost immediately after the 10k so listen out for announcements. The kids race is almost full so if you have a child or children wanting to take part we recommend signing up prior to race day via the link below.

https://runcheshire.niftyentries.com/Colshaw-Hall-10k-Knutsford-2024

4. Finish and prizes: Top three men and women will be awarded prizes at the registration area after the race. Please listen to announcements on the day. Age group prizes will be posted in the week following the race.

For those already looking ahead our amazingly quick Helena Tipping Wrexham 10k on Sunday 21st July now has less than 200 places left. For more information and to enter follow the link below. <a href="https://runcheshire.niftyentries.com/Helena-Tipping-Wrexham-10K-2024">https://runcheshire.niftyentries.com/Helena-Tipping-Wrexham-10K-2024</a>

Thank you again for supporting the race.

We look forward to seeing you there.



## COLSHAW HALL 10K NEW ROUTE PARKING PEPPER STREET TOILETS/ REGISTRATION 6 STOCKS LANE WATER STATION CLAYLANE GROTTO LANE